

8<sup>th</sup> March 2013

To Whom It May Concern

MC<sup>2</sup> Technical Recruitment Limited is an international company specialising in health and safety training, contracting services, technical and executive recruitment and management systems consultancy. We work with some of the world's leading Oil and Gas Companies including PetroSA, SASOL, Petronas and Inpex.

We have offices in the UK, South Africa, Libya and Malaysia.

Paul Frost Media is our exclusive provider of DVDs and Website Films, particularly for health and safety, training and induction.

I have no hesitation recommending Paul's work. His company is creative, cost effective and reliable. Paul has produced a number of promotional videos for MC<sup>2</sup>, all of which have been of the highest quality. We continue to work with Paul as we promote our business in the Far East, Africa and North America.

If you require any further information on Paul Frost's capabilities, please feel free to contact me at any time.

Yours Faithfully



Paul McQuade  
Operations Director  
T: +44 (0) 1642 664461  
E: paul.mcquade@mc2technical.com

**MC<sup>2</sup> Technical Recruitment Ltd**

MC<sup>2</sup> Group House, Falcon Court,  
Preston Farm Business Park,  
Stockton-on-Tees, TS18 3TU

Email: enquiries@mc2technical.com

Tel: +44 (0)1642 660600 Fax: +44 (0)1642 664466

[www.mc2group.co](http://www.mc2group.co)

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